

# JANUARY

## 2019



Mon	Tue	Wed	Thu	Fri
<p>31 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards, Dominoes 9:30-10:30 SS/Grow Young Fitness <b>NO LUNCH –BRING YOUR OWN FOOD</b></p>	<p>1 <b>Center Closed</b></p> <p><b>HAPPY NEW YEAR 2019</b></p>	<p>2 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:30-10:30 SS/Grow Young 10:30 Devotional 12:00 –3:30 Bridge</p>	<p>3 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards, Dominoes</p>	<p>4 7:00-8:00 WalkingDVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards Dominoes 9:30-10:30 SS/Grow Young Fitness</p>
<p>7 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards, Dominoes 9:30-10:30 SS/Grow Young Fitness</p>	<p>8 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards Dominoes <u>10:00 Danielle with the Extension Office</u></p>	<p>9 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:30-10:30 SS/Grow Young <u>10:00 CAKE DEMONSTRATION by Jean Baskett.</u> 10:30 Devotional 12:00-3:00 Bridge</p>	<p>10 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards, Dominoes</p>	<p>11 7:00-8:00 WalkingDVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards Dominoes 9:30-10:30 SS/Grow Young Fitness</p>
<p>14 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards, Dominoes 9:30-10:30 SS/Grow Young Fitness</p>	<p>15 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards Dominoes <u>10:00 Danielle with the Extension Office</u></p>	<p>16 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:30-10:30 SS/Grow Young 10:30 Devotional 12:00-3:00 Bridge</p>	<p>17 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards, Dominoes <u>10:00 Roosevelt</u></p>	<p>18 7:00-8:00 WalkingDVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards Dominoes 9:30-10:30 SS/Grow Young Fitness</p>
<p>21 <b>Center Closed</b></p> <p><b>MARTIN LUTHER KING JR. Day</b></p>	<p>22 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards Dominoes <u>10:00 Danielle with the Extension Office</u></p>	<p>23 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:30-10:30 SS/Grow Young 10:30 Devotional 12:00-3:00 Bridge</p>	<p>24 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards, Dominoes <u>10:00 IVY CREEK—BINGO</u></p>	<p>25 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards Dominoes 9:30-10:30 SS/Grow Young</p>
<p>28 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards, Dominoes 9:30-10:30 SS/Grow Young</p>	<p>29 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards Dominoes <u>10:00 Danielle with the Extension Office</u> <b>*MOVIE DAY*</b></p>	<p>30 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:30-10:30 SS/Grow Young 10:30 Devotional 12:00-3:00 Bridge</p>	<p>31 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards, Dominoes</p>	<p>FEB 1 7:00-8:00 WalkingDVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards Dominoes 9:30-10:30 SS/Grow Young Fitness</p>

Wetumpka Senior Center

Mary Ann Barrett – Center Director

**REMINDERS :**

Check calendar for **UPDATES AND CHANGES** for exercise class schedules and “table game” days. Devotionals will be held each Wednesday at 10:30am.



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# Wetumpka Senior Center

The mission of the Prime Time Senior Enrichment Center is to provide programs and activities for adults 55 and over that promote the well being of older adults and enrich and increases socialization with others. Also, promote life long learning in a fun environment. Take advantage of the opportunities the Prime Time Senior Center offer and take steps to "being the best you can be." The Center Director is Mary Ann Barrett, Assistant to the Director, Angie Fraiser, Part Time Assistant to the Director, Lillie Grayson, and Bus Driver, E. Wayne Macon.

For Information about the Center call 334-567-1335.



**Participants MUST BE self-contained.**

## Look back at DECEMBER 2018



"UP BEATS" Thank you, For the Music .



Go Girls !!! Dancing to the UpBeats !!



Thank you "Clown Troop" ADORABLE !!!



**ARTS AND CRAFTS**  
**Thank You Gerry !!!**

